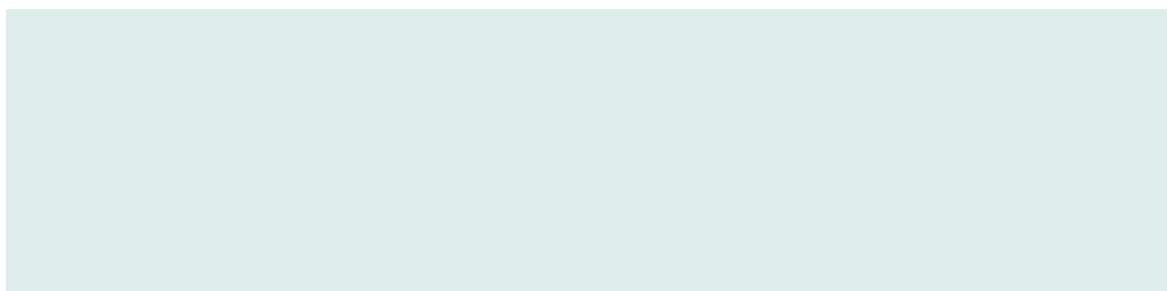
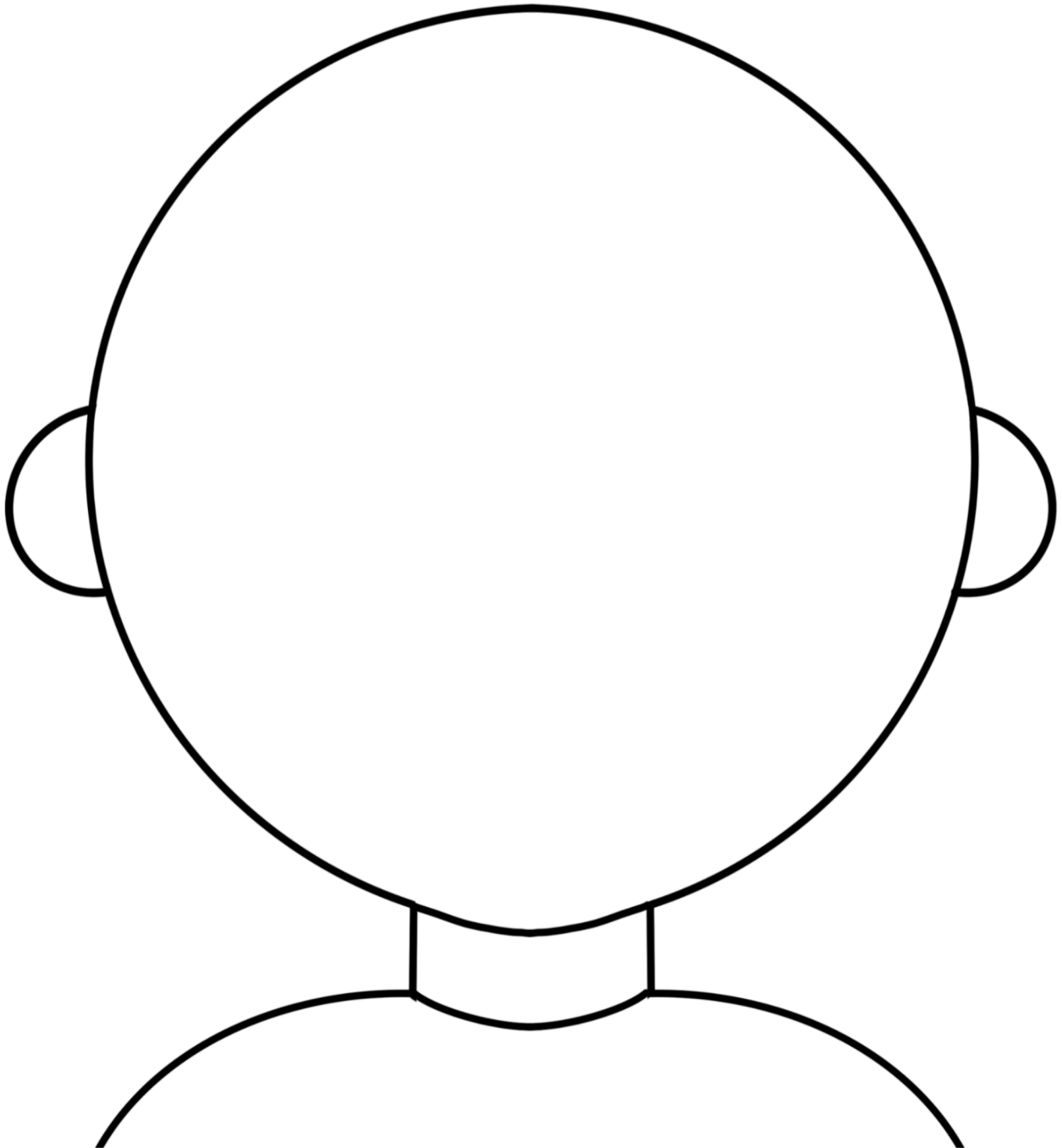




A Journal ALL ABOUT



This is ME



I am ____ years old.

Add candles to your cupcake.





A rhyme about me!



I am _____

And special as can be

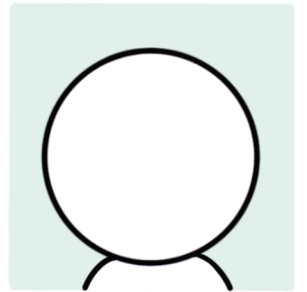
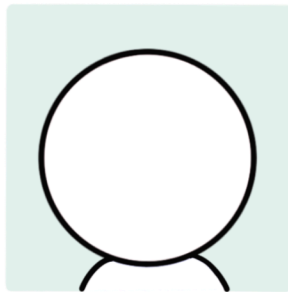
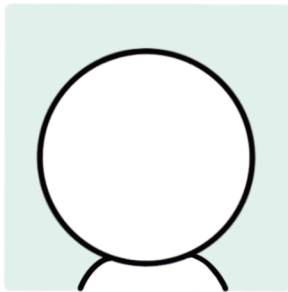
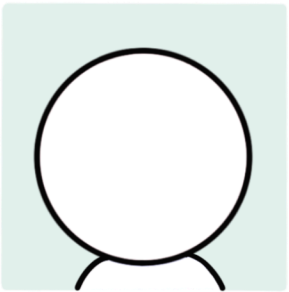
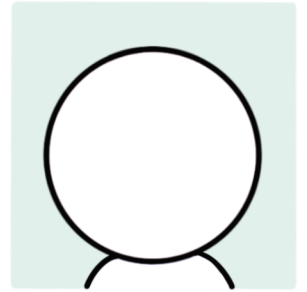
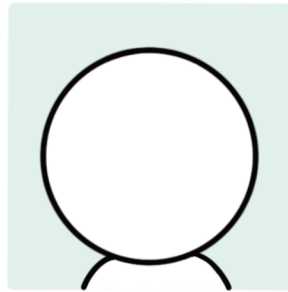
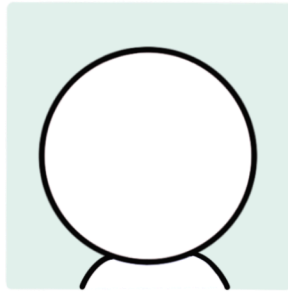
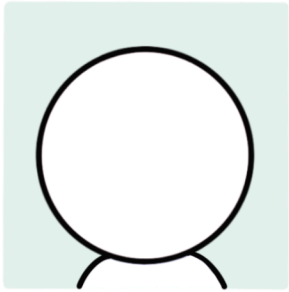
I am _____ & _____

There's only one
Amazing ME!



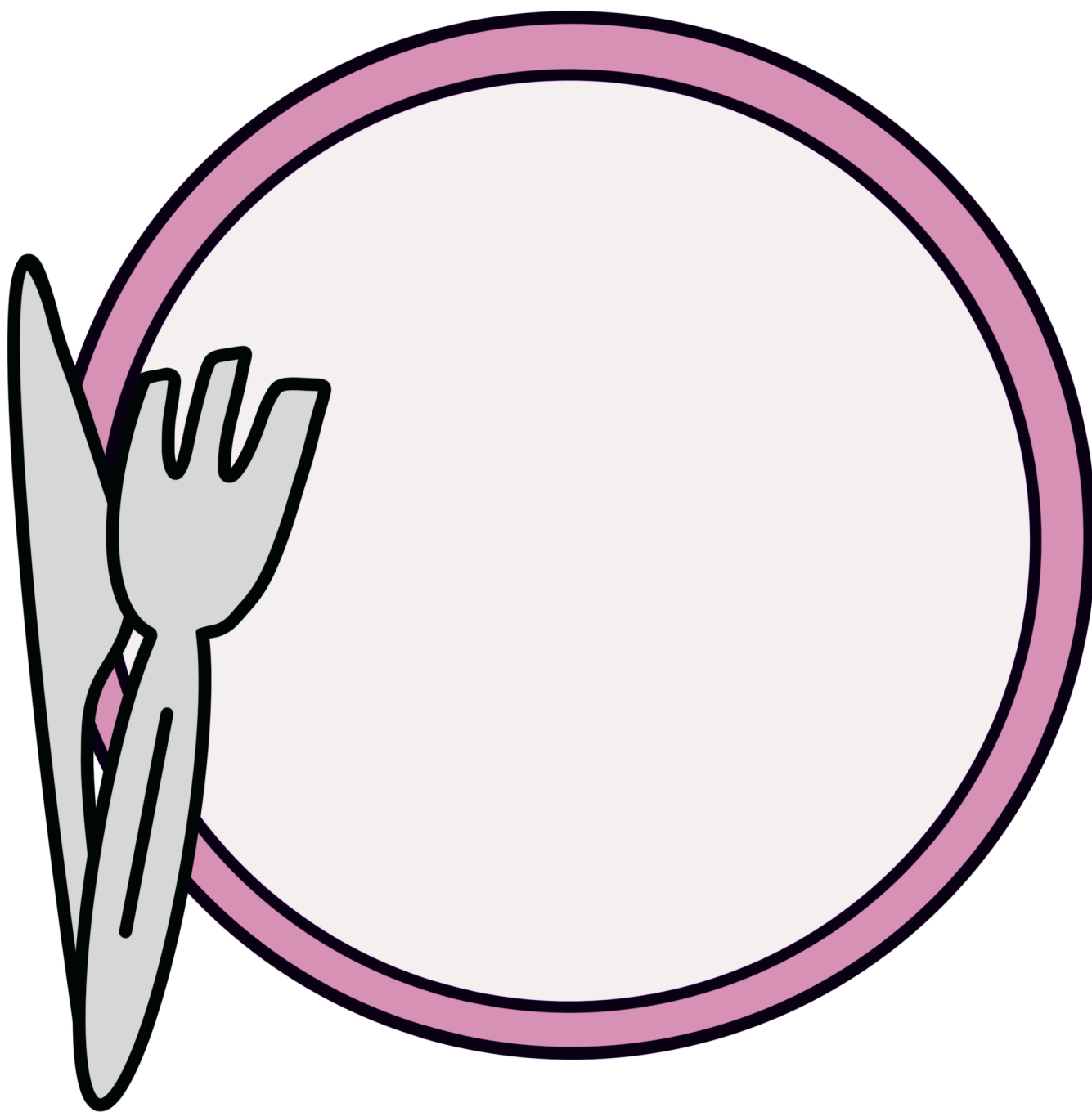
My Family

Who is in your family?

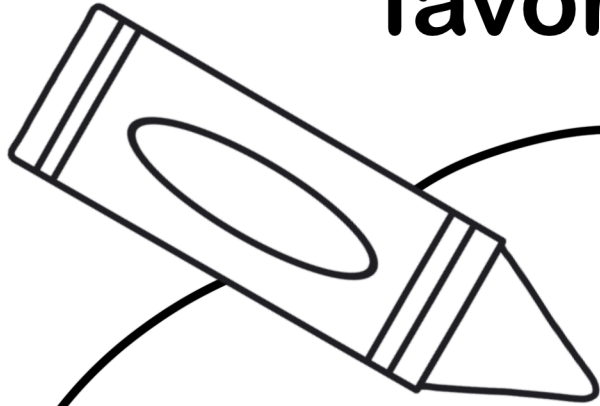


Color some pictures of the people and pets in your family and then glue the windows to your house.

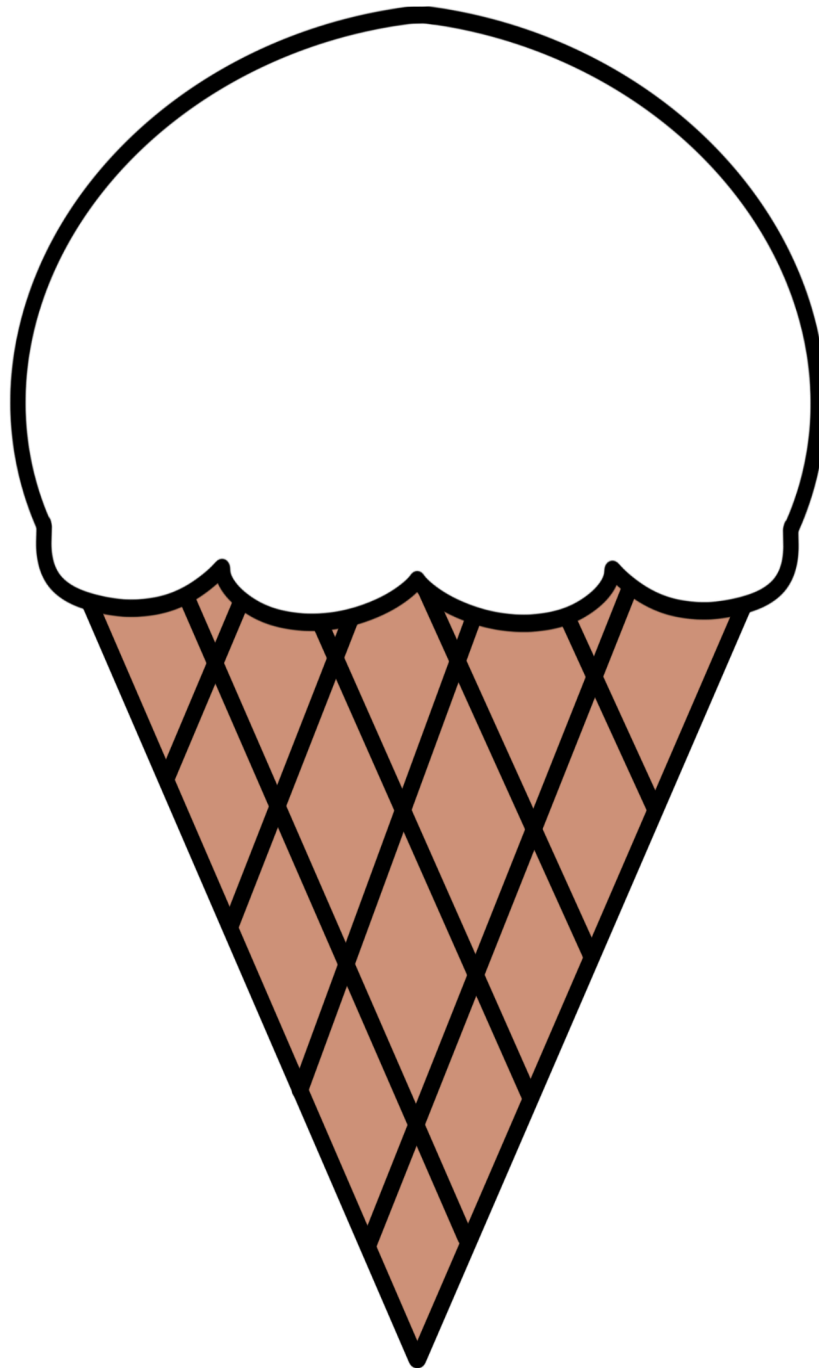
My favorite food



**Draw a picture with your
favorite color.**

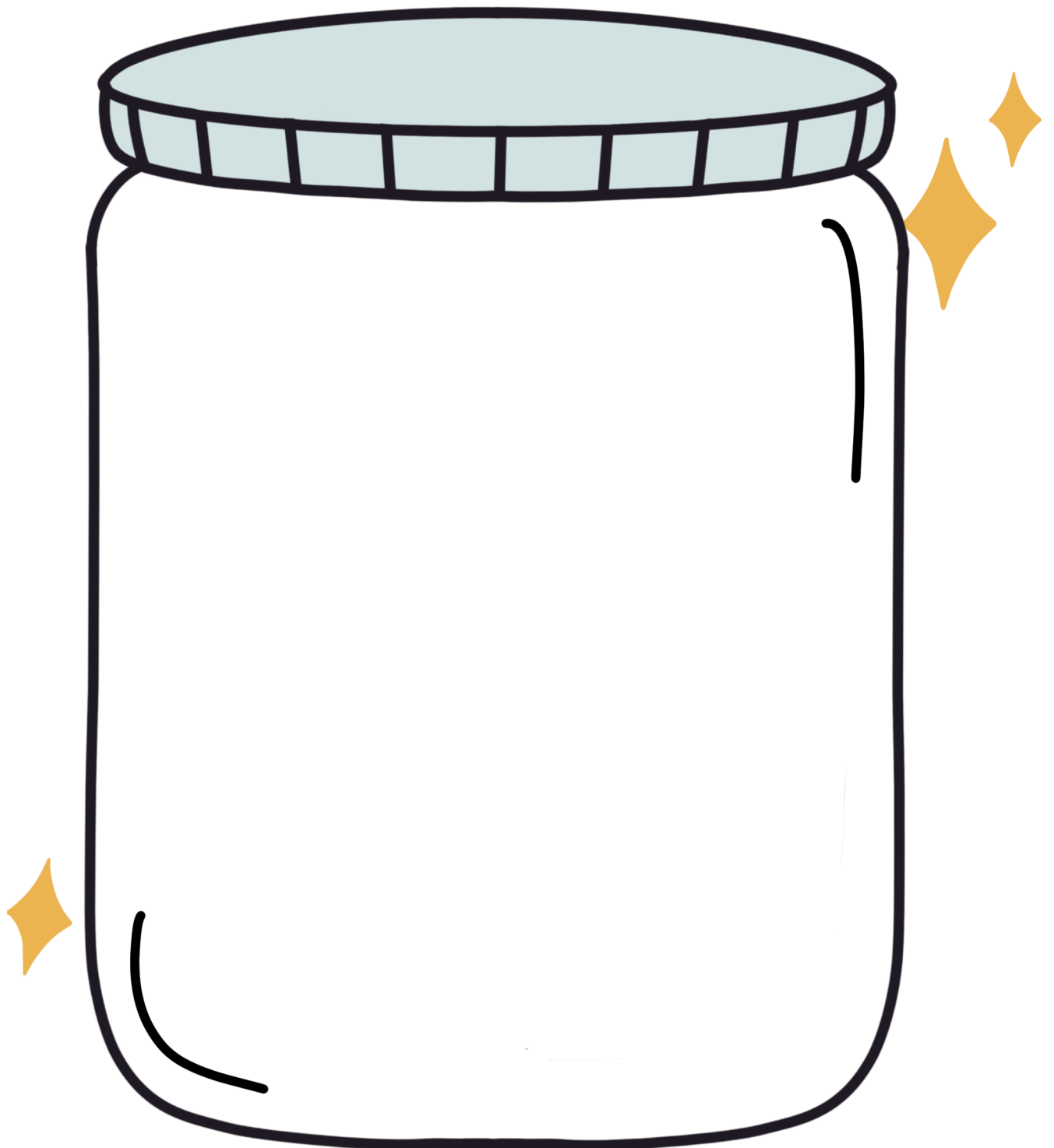


My go-to ice cream flavor
Add some toppings you love too!



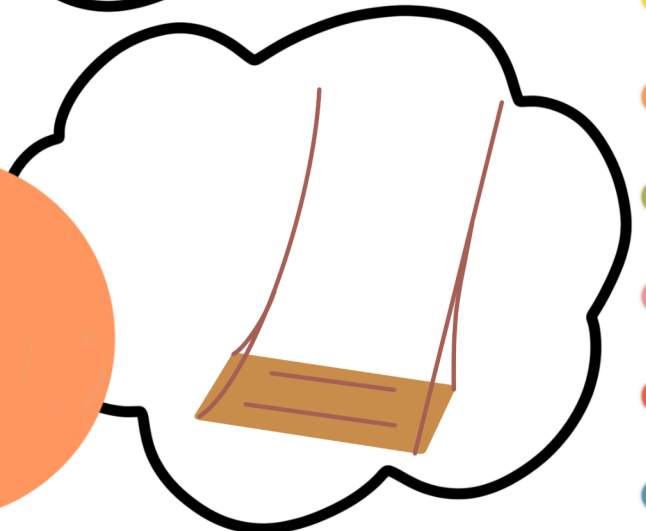
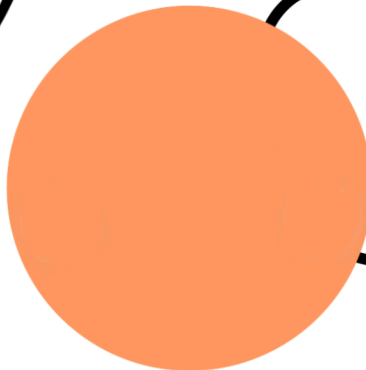
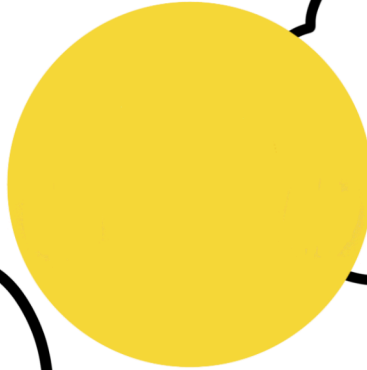
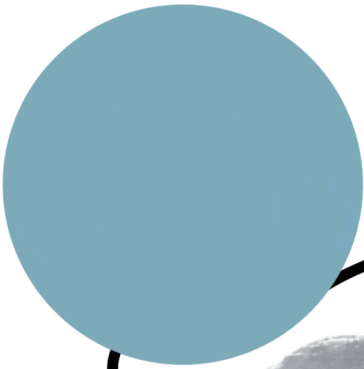
My JOY Jar 🌞

Fill the jar with things that make you happy.



My Feelings

How does it make you feel?
Draw a feeling face on each circle
for each picture.





Helping Hands



Add your handprint below.

What are some kind things you can do for
yourself and others?

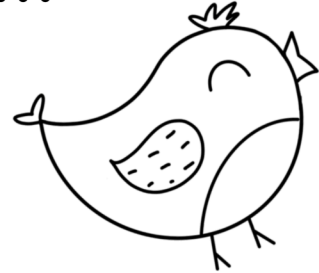
Animal This or That

Color in your choices.
Would you rather...



Hop like a frog

OR

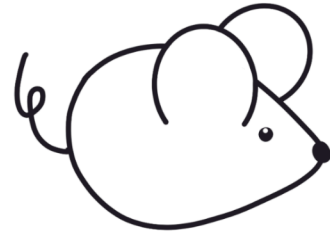


Fly like a bird

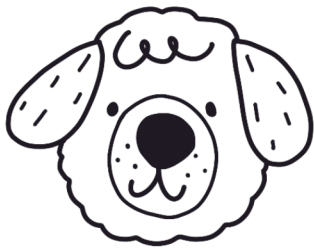


Be as big as a lion

OR



Be as tiny as a mouse



A pet dog

OR



A pet cat



Be a koala in a tree

OR

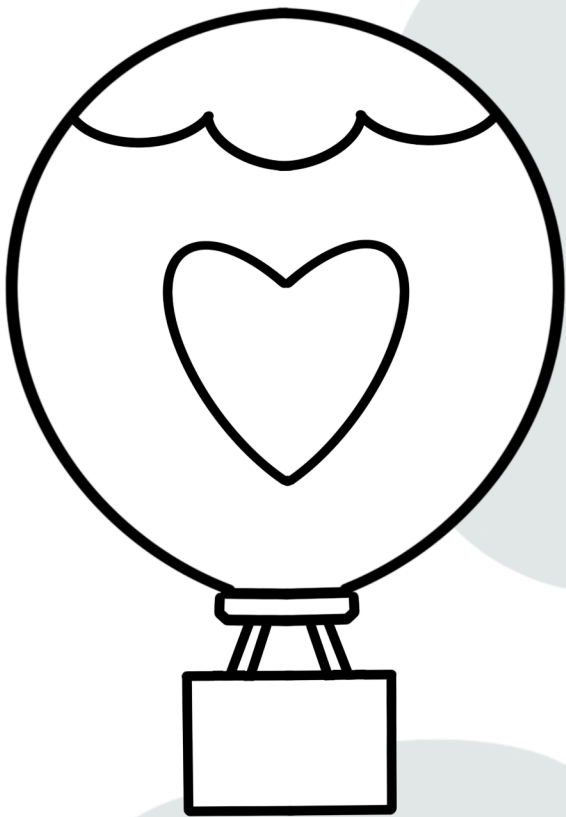


Be a fish under the sea

Up and Away!

My hot air balloon. If it could take you
anywhere...

Where would you go?



My Favorite Places

On the map, add some places that
you love to go!



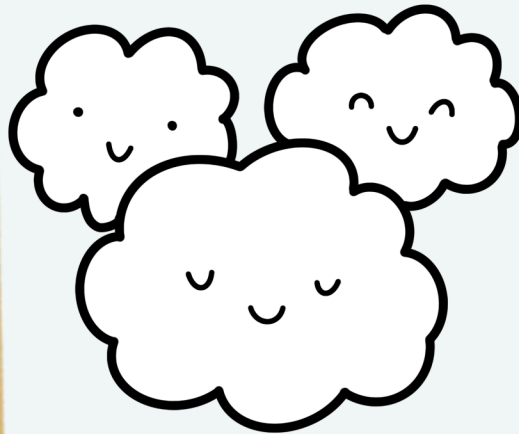
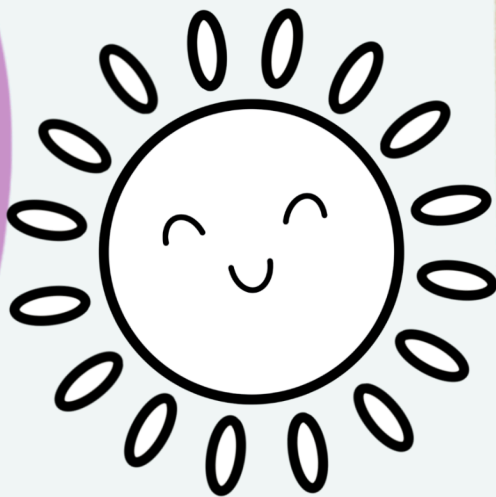
My BIG Dreams

When I grow up I want to...



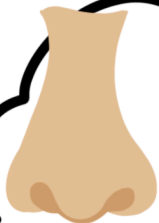
My Kind of Weather

Color the kind of weather that
you like the best.



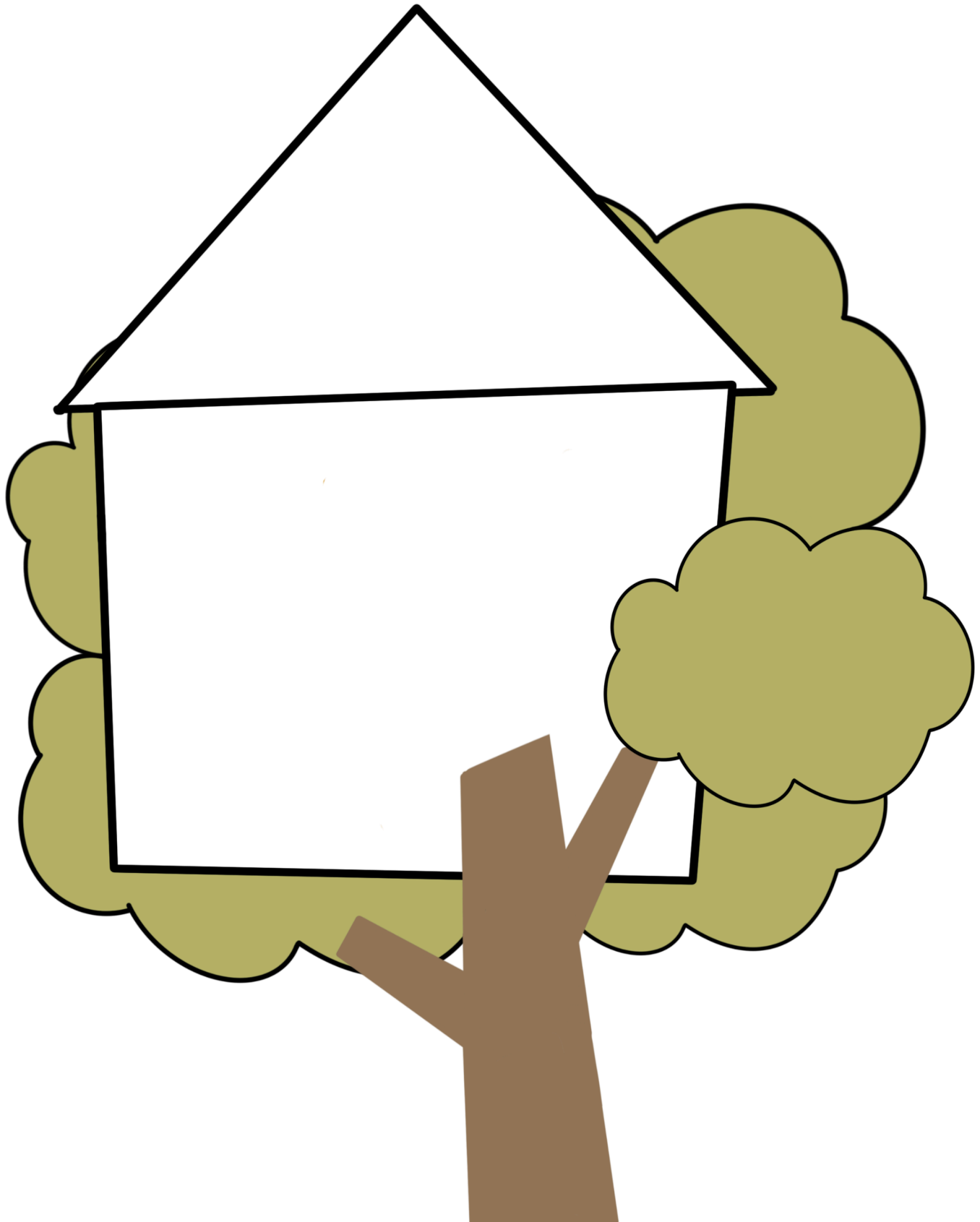
Five Senses Adventure

Take a walk and notice some things you can see, hear, feel, smell, and taste.



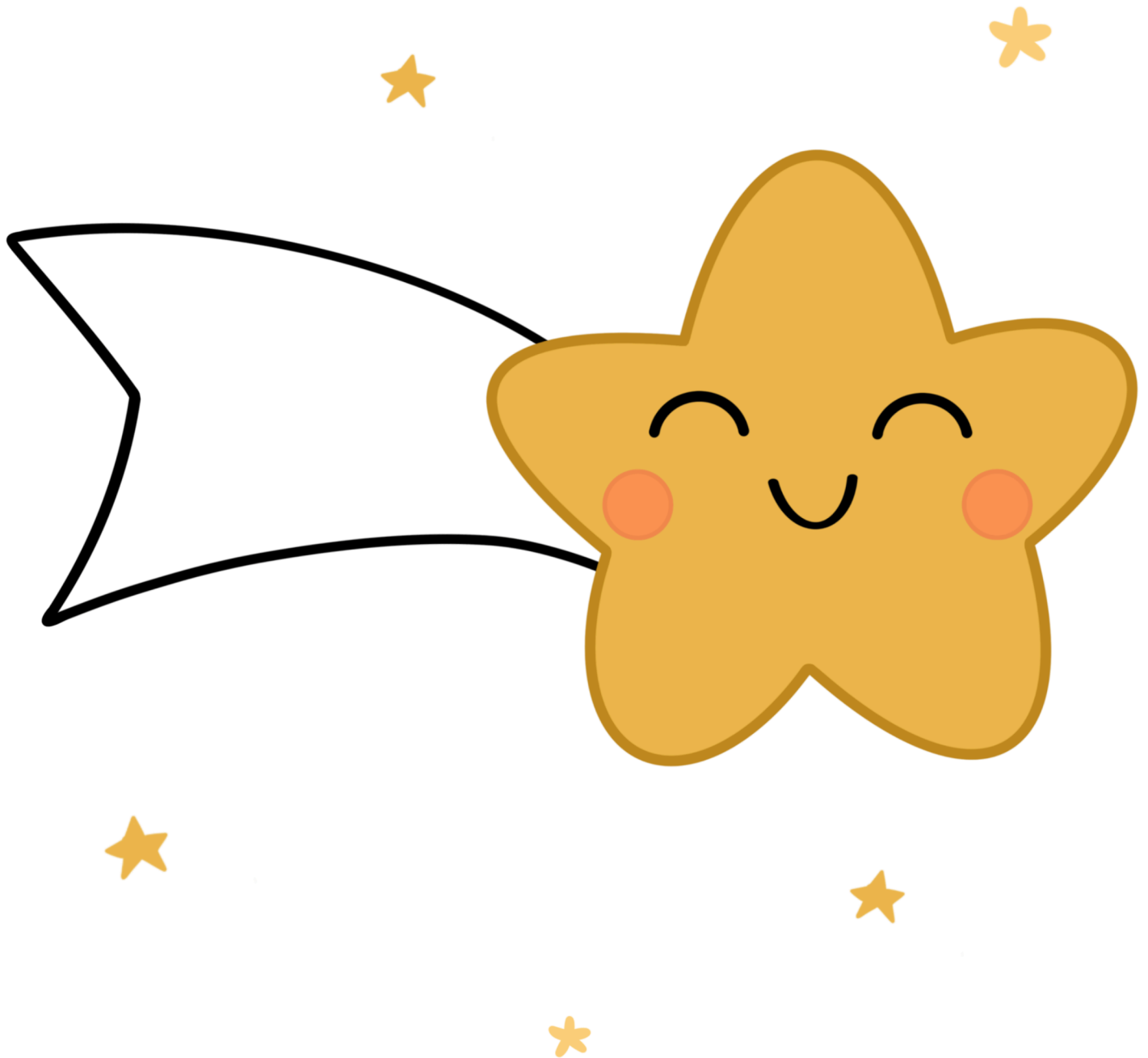
My Tree House

Decorate your own tree house!



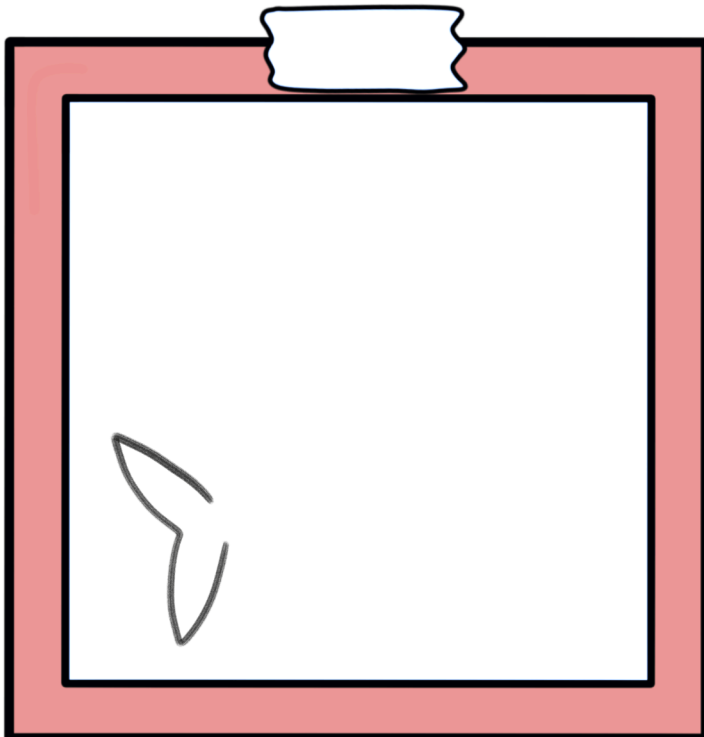
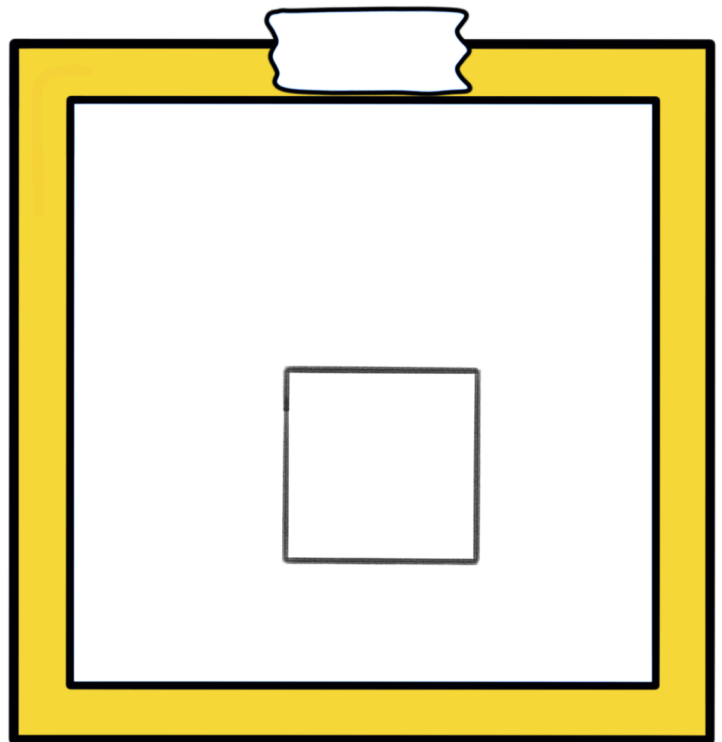
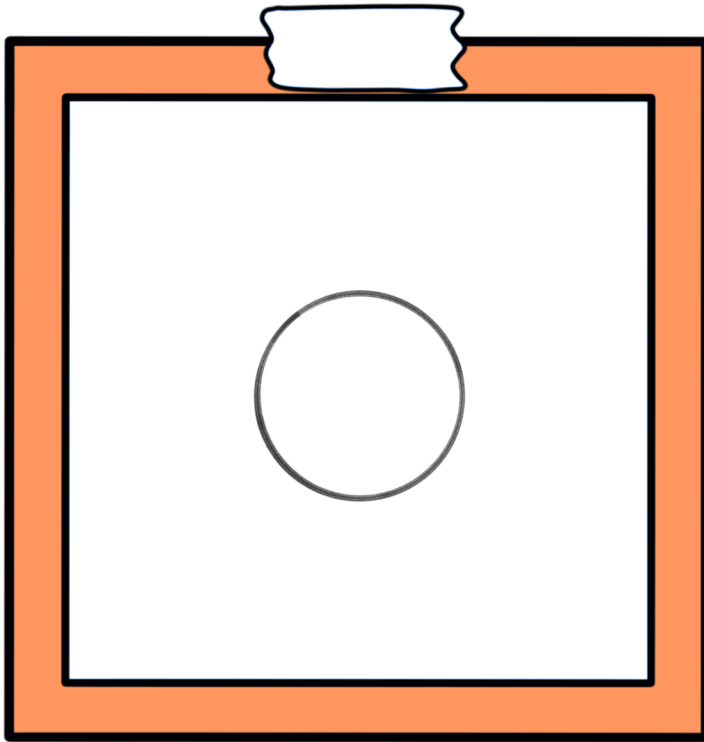
My Wishes

Add your wishes to the tail of the shooting star.



My Imagination

Finish these drawings however you like!





My Superpower

What is your superpower? Is it being helpful, kind, thinking of great ideas, or making people laugh?

What makes you, YOU?

